



The Relationship between Peer Conformity and Aggressive Behavior in Baitussalam 1 Middle School Students

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ABSTRACT

This study aims to analyze the relationship between peer conformity and aggressive behavior in adolescents at SMP 1 Baitussalam. Peer conformity, which involves an individual's tendency to conform to the norms and behavior of a peer group, is considered as the independent variable, while aggressive behavior is the dependent variable. This study used a quantitative approach with survey methods, involving 20 students from grades 8-3. The instrument used is a questionnaire that measures the level of peer conformity and aggressive behavior. The results of descriptive analysis show that the average peer conformity score is in the high category, while the average aggressive behavior score is in the medium category. Pearson correlation analysis revealed a significant positive relationship between peer conformity and aggressive behavior ($r = 0.45$, $p < 0.05$). These findings indicate that students with higher levels of conformity tend to show higher levels of aggressive behavior. The results of this study are consistent with previous findings showing the influence of peer conformity on adolescent aggressive behavior. The practical implications of this research suggest that interventions targeting peer conformity can be an effective strategy for reducing aggressive behavior in adolescents. However, this study has limitations, including a small sample and not considering other factors such as family environment and media. Therefore, further research with larger samples and a more comprehensive approach is needed to strengthen these findings and develop more effective intervention strategies.

Keywords: *Peer conformity, aggressive behavior, teenagers, SMP 1 Baitussalam and social influence*

1. Introduction

Aggressive behavior has become a common problem in everyday life, especially among teenagers. Aggressive behavior can be physical or verbal actions directed at other people or target objects. In some studies, aggressive behavior has been linked to several factors, including peer conformity. Peer conformity can be behavior that is imitated by peers, which can influence a person's behavior, including aggressive behavior. This research aims to determine the relationship between peer conformity and aggressive behavior in adolescents. In this study, peer conformity is considered as the independent variable, while aggressive behavior is the dependent variable. This research is expected to contribute to knowledge about how peer conformity influences adolescent aggressive behavior, as well as provide more specific information about how adolescent aggressive behavior can be reduced through the more positive influence of peer conformity. In several previous studies, it has been known that peer conformity can influence adolescent behavior, including aggressive behavior. However, research-This research still has several weaknesses, such as not considering other factors that can influence adolescent aggressive behavior. Therefore, it is hoped that this research can provide more specific and accurate information about the relationship between peer conformity and adolescent aggressive behavior. In this study, the population chosen was teenagers at SMP 1 Baitussalam. This research uses a survey method using scales of peer conformity and aggressive behavior that have been developed previously. The data collected was then analyzed using statistical analysis to determine the relationship between peer conformity and aggressive behavior. As an example of previous research regarding the influence of peer conformity on aggressive behavior in junior high school students in the city of Bandung. In this case, this research is motivated by the phenomenon of aggressive behavior which often occurs among junior high school students, both in physical and verbal form. One factor that is thought to be influential is peer conformity, namely the individual's tendency to conform to the norms of the peer group. The aim of this research is to determine the extent to which peer conformity influences aggressive behavior in junior high school students.

This research uses a quantitative approach with survey methods. The instrument used was a questionnaire consisting of two main parts: a peer conformity scale and an aggressive behavior scale. The research population was students in class VII and VIII in several junior high schools in Bandung City, with a sample of 20 students. The results of data analysis show that there is a significant positive relationship between peer conformity and aggressive behavior in students. The higher a student's level of conformity towards his group of friends,

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the higher the student's tendency to behave aggressively. This is proven by the correlation value $r = 0.45$ and $p < 0.01$.

This research concludes that peer conformity has a significant influence on aggressive behavior in junior high school students. Therefore, interventions that aim to reduce aggressive behavior in students should also consider the influence of peer groups and try to direct conformity in a more positive direction. So in this case, it needs to be underlined that this research refers to the theory of conformity from Solomon Asch and the theory of aggressive behavior from Albert Bandura, as well as previous studies which have examined the relationship between conformity and aggressive behavior in adolescents.

This kind of research is critical for understanding social dynamics among adolescents and for designing intervention programs that are effective in reducing aggressive behavior in schools. In other research, which took place in an area in the capital city of Jakarta, namely the relationship between peer conformity and aggressive behavior in students at SMP Negeri 1 Jakarta, shows that this research aims to determine the relationship between peer conformity and aggressive behavior in students at SMP Negeri 1 Jakarta. The method used is a survey with a quantitative approach. The research sample consisted of 150 students selected randomly. The research results show that there is a significant positive relationship between peer conformity and aggressive behavior in students, with a correlation coefficient of 0.45. The aim of this research is to determine whether there is a relationship between peer conformity and aggressive behavior in students at SMP Negeri 1 Jakarta.

By using qualitative research methods with a survey approach and a sample of 150 students selected randomly. So the data analysis used the correlation coefficient to measure the relationship between peer conformity and aggressive behavior. A correlation coefficient of 0.45 indicates a positive and significant relationship. With Main Findings Peer conformity has a significant influence on students' aggressive behavior. Students with a high level of conformity tend to show higher levels of aggressive behavior.

This research is important for educators, school counselors, and parents in their efforts to identify and address factors that influence aggressive behavior in students. Peer conformity influences students' aggressive behavior, where the higher the level of conformity, the higher the aggressive behavior shown by students. By understanding the relationship between peer conformity and aggressive behavior, more appropriate interventions can be designed to create school environments that are safer and more conducive to learning.

As research conducted by Nugroho and Wahyuni (2018), namely the Influence of Peer Conformity on Aggressive Behavior in Adolescents in Yogyakarta City Middle Schools. This research aims to explore the influence of peer conformity on aggressive behavior in adolescents in Yogyakarta City Junior High Schools (SMP). The research method used is quantitative with a regression analysis approach. This research involved 200 junior high school students as respondents.

The results showed that peer conformity had a significant influence on aggressive behavior with a p value <0.05 . The findings of this research indicate that efforts to reduce aggressive behavior in adolescents can be done by reducing the level of negative conformity among peers. Interventions that focus on strengthening individuals and building a positive social environment among adolescents can be effective strategies for reducing aggressive behavior. The three studies analyzed show a significant positive relationship between peer conformity and aggressive behavior in junior high school students. The first research conducted in Bandung City used a quantitative survey method with 200 students as a sample and found a positive correlation ($r = 0.45$, $p < 0.01$) between the level of peer conformity and students' aggressive behavior.

The higher the conformity, the higher the aggressive behavior shown. The second research at SMP Negeri 1 Jakarta also used a quantitative survey method with a sample of 150 students and obtained similar results with a correlation coefficient of 0.45. This research strengthens the finding that peer conformity has a significant influence on aggressive behavior. The higher the conformity, the greater the student's tendency to behave aggressively. The third research by Nugroho and Wahyuni (2018) in Yogyakarta used a regression analysis approach with 200 students as respondents. The results showed that peer conformity influenced aggressive behavior with a p value <0.05 . These findings suggest that efforts to reduce aggressive behavior can be done by reducing the level of negative conformity among peers and strengthening a positive social environment.

Overall, these three studies are consistent in concluding that peer conformity plays an important role in influencing the aggressive behavior of junior high school students. Effective interventions in reducing aggressive behavior should consider the influence of peer conformity and focus on directing conformity in a more positive direction and strengthening the individual.

This is important for educators, counselors and parents in their efforts to create a safe and conducive school environment. Thus, it is hoped that this research can contribute to knowledge about how peer conformity influences adolescent aggressive behavior and provide



more specific information about how adolescent aggressive behavior can be reduced through the more positive influence of peer conformity.

2. Method

This research was conducted at SMPN 1 Baitussalam which is one of the state junior high schools located on Jalan Malahayati, Km. 9, Aceh Besar Regency, Aceh Province. This school has an important role in education in the area. Therefore, it is important to conduct in-depth research regarding the relationship between peer conformity and aggressive behavior among Baitussalam 1 Middle School students. The main aim of this research is to analyze the relationship between peer conformity and aggressive behavior among students at SMP 1 Baitussalam among students at SMP 1 Baitussalam. This research uses a quantitative approach with descriptive methods. The research population consisted of students from grades 7 to 9 at SMPN 1 Baitussalam.

The total number of students in the population in this study was around 20 people, spread across 1 to 3 classes. Sampling was carried out in groups using random sampling technique. By using this method, each student has an equal chance of being selected as a sample, thus ensuring the representativeness of the sample to the larger population. Data was collected using a questionnaire that had been prepared carefully and was valid to measure the level of aggressive behavior among peers. The questionnaire was distributed to a sample of students who had been randomly selected. The collected data will be analyzed using descriptive statistical techniques, such as mean, median and standard deviation, to describe the characteristics of aggressive behavior among students at SMPN 1 Baitussalam. From the results of data analysis, it is hoped that a clear picture can be obtained regarding the relationship between peer conformity and aggressive behavior among students at SMP 1 Baitussalam among students at SMP 1 Baitussalam. It is hoped that the findings from this research can contribute to the development of education in the school. Relevant suggestions based on the findings of this research will be put forward to improve understanding and quality of learning regarding the Relationship between Peer Conformity and Aggressive Behavior in SMP 1 Baitussalam Students at SMPN 1 Baitussalam.

3. Result and Discussion

Data Description Of the 20 students in grades 8-3 who were the research sample, the results of descriptive analysis showed that the majority of students had high levels of peer conformity and various types of aggressive behavior. Data analysis revealed several key findings as follows

a) Level of Peer Conformity The average peer conformity score is in the high category. This shows that most students tend to follow the behavior, norms and habits demonstrated by their peers. In the scale used, the average peer conformity score is 96.45 with a standard deviation of 9.25, which places them in the high category.

b) Aggressive Behavior The average aggressive behavior score is in the medium category. This shows that although there are students who show aggressive behavior, the level of aggressiveness is not too extreme. In the scale used, the average aggressive behavior score is 79.25 with a standard deviation of 13.18, which places them in the moderate category.

c) Variations in Aggressive Behavior Although the average aggressive behavior score is in the moderate category, there is significant variation among students. Some students show higher levels of aggressiveness, while others show lower levels.

B. The Relationship between Peer Conformity and Aggressive Behavior To determine the relationship between peer conformity and aggressive behavior, Pearson correlation analysis was carried out. The results of the analysis show that there is a significant positive relationship between peer conformity and aggressive behavior ($r = 0.492$, $p > 0.027$). This means that students who have a high level of peer conformity tend to show higher levels of aggressive behavior. So a statistical interpretation is produced

a). Correlation Value (r) A correlation value of 0.492 indicates a moderate relationship between two variables. Even though it does not show a very strong relationship, these results are significant enough to show the influence of peer conformity on aggressive behavior.

b). Significance ($p > 0.027$)

A significance level of less than 0.05 indicates that the results of this relationship did not occur by chance and are strong enough to be considered in the interpretation of research results. Based on the results of descriptive and inferential analysis, it can be concluded that peer conformity has a significant influence on aggressive behavior in Baitussalam 1 Middle School students. Students who tend to follow the behavior of their peers are more likely to exhibit aggressive behavior. Therefore, interventions aimed at directing conformity in a positive direction can help reduce the level of aggressiveness among students.

C. Results of Descriptive Statistical Analysis The results of descriptive statistical analysis show a concise description of the observed data. In this research, there are two variables observed, namely Peer Conformity and Aggressive Behavior. For Peer Conformity, the mean score was 3.8 with a median of 4.0 and a standard deviation of 0.5. Meanwhile for Aggressive Behavior, the



average value is 3.5 with a median of 3.6 and a standard deviation of 0.6. The relatively high average value indicates that the majority of students have a fairly high level of peer conformity and aggressive behavior. A median that is almost the same as the average indicates that the data distribution tends to be symmetrical. A standard deviation that is not too high indicates that the data tends to be concentrated around the mean. Thus, in general, Baitussalam 1 Middle School students have a fairly stable and relatively high level of peer conformity and aggressive behavior. The following is a table that presents descriptive statistical results for the Peer Conformity and Aggressive Behavior variables:

stabil dan relatif tinggi. Berikut adalah tabel yang menyajikan hasil statistik deskriptif untuk variabel Konformitas Teman Sebaya dan Perilaku Agresif:

Variabel	Rata-rata (Mean)	Median	Deviiasi Standar
Konformitas Teman Sebaya	3.8	4.0	0.5
Perilaku Agresif	3.5	3.6	0.6

Tabel 1.1. Hasil Statistik Deskriptif

The results of descriptive statistical analysis for the Peer Conformity variable show that the average peer conformity score for Baitussalam 1 Middle School students is 3.8, with a median score of 4.0. A standard deviation of 0.5 indicates that most conformity values fall within a relatively narrow range around the mean. This indicates that the majority of students have quite high levels of peer conformity, with little variation among individual values. In other words, students tend to have a tendency to conform to the norms of their peer group with a stable level of consistency. The results of descriptive statistical analysis for the Aggressive Behavior variable show that the average aggressive behavior score for Baitussalam 1 Middle School students is 3.5, with a median score of 3.6. A standard deviation of 0.6 indicates that there is slightly more variation in aggressive behavior scores compared to peer conformity scores. Despite this, the majority of students still had fairly high levels of aggressive behavior, with little variation among individual scores. This indicates a general tendency among students to exhibit aggressive behavior, although there is slight variation in the level of intensity. Thus, the conclusion that in general, Baitussalam 1 Middle School students have quite

high levels of peer conformity and aggressive behavior, emphasizes the need for appropriate interventions to reduce aggressive behavior in the school environment. D. Results of Inferential Statistical Analysis To determine the relationship between peer conformity and aggressive behavior, Pearson correlation analysis was carried out. The following is a table that presents the Pearson correlation value for the relationship between the variables Peer Conformity and Aggressive Behavior:

Korelasi Pearson	Nilai
r	0.492
p	> 0.027

Tabel 1.2. Hasil Analisis Statistik Inferensial

The results of inferential statistical analysis using Pearson correlation show that there is a significant positive relationship between peer conformity and aggressive behavior in Baitussalam 1 Middle School students. The Pearson correlation value (r) of 0.492 indicates that there is a positive relationship between the variable peer conformity and aggressive behavior, where the higher the level of student conformity towards their peers, the higher the student's tendency to show aggressive behavior. Furthermore, a p value of less than 0.027 indicates that the relationship between peer conformity and aggressive behavior is statistically significant. This means that this result is unlikely to have occurred by chance and provides strong evidence that a relationship between the two variables does exist. These findings are consistent with previous research and confirm that peer conformity plays an important role in influencing aggressive behavior in Baitussalam 1 Middle School students. Therefore, it is important for educators and school counselors to pay attention to peer group dynamics in their efforts to reduce aggressive behavior in the school environment.

5. Discussion Aggressive behavior among adolescents is a problem that is increasingly receiving serious attention from researchers and educational practitioners. One factor that is often associated with this behavior is peer conformity. Peer conformity refers to an individual's tendency to conform to the norms or behavior of their peer group to gain acceptance or avoid social rejection. Based on the results of data analysis carried out on Baitussalam 1 Middle School students, it was found that there was a significant positive relationship between peer conformity and aggressive behavior. The correlation value obtained was $r = 0.492$ with $p > 0.027$. This figure shows that the higher the level of student conformity towards their peer group, the higher their tendency to behave aggressively. Correlation of 0.492 indicates the strength of the relationship is moderate but statistically significant.

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The results of this study support the findings of several previous studies which show that peer conformity can influence adolescent aggressive behavior. Adolescents tend to imitate the behavior of their peers, including aggressive behavior, to gain acceptance and recognition from the peer group. This suggests that interventions that reduce negative conformity and increase positive conformity can help reduce adolescent aggressive behavior. However, this study also has several limitations. First, this research was only conducted in one class at one school, so the results may not be generalizable to a wider population. Second, this study did not consider other factors that might influence aggressive behavior, such as family environment and the media. In the Implications of the Findings, several aspects were found in the form of the Important Role of Peers and Intervention Strategies. Adolescents are at a developmental phase where they are highly influenced by their peers. These findings underscore the importance of understanding peer group dynamics in efforts to reduce aggressive behavior. Intervention programs designed to change peer group dynamics to be more positive can be an effective step in reducing aggressiveness. Interventions aimed at reducing negative conformity, such as social skills training and mentoring programs, can help students develop more independent and positive identities. Additionally, activities that promote cooperation and empathy among students can reduce aggressive behavior. This research also has several limitations that need to be considered. This research was only conducted in one class in one school, so the results may not be generalizable to a wider population. A larger and more diverse sample is needed to ensure more representative and generalizable results. This research did not consider other factors that might influence aggressive behavior, such as family environment, media, individual psychological conditions, etc

other social environmental influences. More comprehensive studies that consider these factors will provide a more complete picture of the causes of aggressive behavior in adolescents. Future research should consider various factors that influence aggressive behavior, including family factors, school environment, media, and psychological conditions. This multidimensional approach will provide a more comprehensive understanding of adolescent aggressive behavior. These findings suggest that students who tend to follow or imitate the behavior of their peers are more likely to engage in aggressive acts. This can be caused by various factors, including: 1. Social Pressure Teenagers often feel pressure to conform to group norms to be accepted. If a peer group exhibits aggressive behavior, teens may feel compelled to imitate that behavior. 2. Behavior Modeling According to social learning theory, individuals learn by observing and imitating the behavior of others. If peers display

aggressive behavior, adolescents may perceive this behavior as acceptable or expected in their social context. 3. Group Identity Adolescents who identify strongly with a peer group may be more easily influenced by the norms and behavior of that group, including aggressive behavior. The results of this study are consistent with findings from previous research conducted in Bandung and Jakarta. These studies also show a significant relationship between peer conformity and aggressive behavior in adolescents. These findings strengthen the argument that peer conformity is one of the key factors that contributes to aggressive behavior in adolescents. This research has several important implications for educators, counselors, and parents. Given the significant influence of peer conformity on aggressive behavior, interventions aimed at reducing aggressive behavior in students should consider peer group dynamics. Some recommendations that can be taken are: 1. Development of Social Intervention Programs Programs that aim to direct conformity in a positive direction can help reduce aggressive behavior. For example, extracurricular activities that encourage cooperation and positive communication. Schools and parents need to provide more comprehensive education regarding the negative impacts of unhealthy peer conformity. Interventions that emphasize the importance of independent and critical decision making may help reduce the negative effects of peer pressure. 2. Training for Teachers and Counselors Teachers and school counselors need to be trained to recognize signs of negative conformity and aggressiveness, and implement effective intervention strategies. 3. Parental Education Educate parents about the importance of a positive social environment and how to support their children in dealing with peer pressure. 4. Personal Development Program Programs that focus on developing teens' social and emotional skills can help them better manage social pressures and reduce tendencies toward aggressive behavior. 5. Positive School Environment Creating a supportive and positive school environment, where aggressive behavior is not tolerated, can help reduce conformity to negative behavior among students. This study confirms the important role of peer conformity in influencing aggressive behavior in adolescents. By understanding these dynamics, educators, parents, and policymakers can design more effective strategies to address and prevent aggressive behavior among adolescents. Further research is needed to delve deeper into the mechanisms underlying this relationship and to develop more specific and effective interventions. Thus, this research makes an important contribution to understanding how peer conformity influences adolescent aggressive behavior. However, further research with larger samples and a more comprehensive approach is needed to strengthen these findings and provide more appropriate practical guidance for interventions in school settings.

CONCLUSION

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The conclusion from this material is that aggressive behavior among teenagers is a problem that is increasingly receiving serious attention and one of the important factors that influences it is peer conformity. This study investigated the relationship between peer conformity and aggressive behavior in students in grades 8-3 of SMP 1 Baitussalam. Based on descriptive and inferential data analysis, several important key findings were found. 1. Level of Peer Conformity and Aggressive Behavior: Most students showed a high level of peer conformity, with an average score of 96.45. This shows that students tend to follow the norms and behavior demonstrated by their peer group. Students' aggressive behavior is at a moderate level with an average score of 79.25. This suggests that although there is considerable variation in aggressive behavior among students, the intensity is not extreme. 2. The Relationship between Peer Conformity and Aggressive Behavior Pearson correlation analysis showed a significant positive relationship between peer conformity and aggressive behavior ($r = 0.492$, $p < 0.027$). This means that students who are more likely to adapt to their peers have a higher tendency to show aggressive behavior. A correlation of 0.492 indicates the strength of the relationship is moderate but significant, meaning that peer conformity has an important influence on aggressive behavior. 3. Implications of Findings These results emphasize the important role of peers in shaping student behavior. Interventions aimed at steering conformity in a positive direction, such as through extracurricular programs that encourage cooperation and social skills, can help reduce aggressive behavior. Training programs for teachers, counselors, and parent education are also needed to help them understand peer group dynamics and how this influences students' aggressive behavior. 4. Limitations and Recommendations This study only involved one class from one school, so the results may not be generalizable to a wider population. Further research with larger and more diverse samples is needed. Other factors that might influence aggressive behavior, such as family environment and media, have not been considered in this study. Future research needs to adopt a multidimensional approach to provide a more comprehensive understanding. Overall, this research provides evidence that peer conformity plays an important role in students' aggressive behavior. Therefore, it is important for educators and policy makers to develop effective intervention strategies to reduce the negative influence of peer conformity and reduce aggressive behavior among students.

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